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Amit Goldenberg

Curriculum Vitae

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Github: <https://github.com/GoldenbergLab>

Academic Positions

- 2019 - **Assistant Professor, Harvard Business School**
Negotiations, Organizations & Markets
- 2022 - **Affiliated Faculty, Harvard Department of Psychology**
- 2022 - **Affiliated Faculty, Digital, Data and Design Institute at Harvard**

Education

- 2013 - 2019 **Ph.D.** Stanford University
Psychology
- 2004 - 2008 **B.A.** Hebrew University of Jerusalem
Psychology & Philosophy (magna cum laude)

Awards & Honors

- 2023 **Rising Star Award**, Association of Psychological Science
- 2019 **Hastorf Award for Excellence in Teaching**, Stanford University
- 2018 **Student Publication Award**, The Society for Personality and Social Psychology. For the paper "*Making intergroup contact more fruitful: Enhancing cooperation between Palestinian and Jewish-Israeli adolescents by fostering beliefs about group malleability*".
- 2018 **Stanford Graduate Research Opportunity Award**. Research award given to Stanford graduate students for their dissertation research.
- 2015 **Goldsmith Writing Prize in Conflict Resolution, Stanford Center on International Conflict and Negotiation**. For the paper "*How group-based emotions are shaped by collective emotions*".
- 2014 **Gradiva Prize for Best Anthology, National Association for the Advancement of Psychology**. For the book chapter "*Encounters with loneliness: Only the lonely.*"

Research Funding

- 2022 – 2023 **Innovations in Positive Health Pilot Grant (Harvard Center for Health and Happiness)**. "*Using reappraisal to Increase Well-Being Among Head-Start Teachers at Scale*" (\$50,000). Co PI: J. Lerner, J. J. Gross.

- 2022 – 2023 **Overdeck Family Foundation.** “*Building Emotional Resilience in the Early Childhood Education Community*” (Total budget: \$250,000). Co PI: J. Lerner, J. J. Gross.
- 2018 - 2022 Wrote funded **NSF Grant BCS 9214213** with PI James Gross, Ph.D; Title: “*Influencing Conflict-Related Emotional Dynamics*” (Total budget: \$448,726).
- 2014 - 2016 **NIH Pre-Doctoral Training Consortium in Affective Science (T32).** Competitive program funded by the National Institute of Health designed to provide fellows with interdisciplinary training in affective science across multiple institutions and mentorships (\$50,000)

Journal Publications (* denotes co-first authorship)

1. **Goldenberg, A.**, Bailey, D., Muric, G., Ferrara, E., Schöne, J., Willer, R., Halperin, E., Gross, J. J. (2023). Homophily and acrophily as drivers of political segregation on social media. [data & code](#), [preprint](#)
2. Schöne, J., Garcia, D., Parkinson, B., & **Goldenberg, A.** (under review). Negative expressions are shared more on Twitter for public figures than for ordinary users. [preprint](#)
3. Milgram, Y., Nock, M. K., & **Goldenberg, A.** (under review). Knowledge about the source of emotion predicts adaptive emotion regulation. [preprint](#)
4. **Goldenberg, A.**, (under review). What makes groups emotional? [preprint](#)
5. **Goldenberg, A.**, Huang, Z., LaFollette, K., Weisz, E., & Cikara, M. (under review). Judgement of crowds as emotional increases with the proportion of Black faces. [data & code](#), [preprint](#)
6. **Goldenberg, A.**, Abruzzo, J. M., Huang, Z., Schöne, J., Bailey, D., Willer, R., Halperin, E., Gross, J. J. (2023). [Homophily and acrophily as drivers of political segregation](#). *Nature Human Behavior*. 7, 219-230. [data & code](#), [preprint](#)
7. ***Goldenberg, A.**, †Schöne, J., Huang, Z., Sweeny, T. D., Ong, D. C., Brady, T. F., Robinson, M. M., Levari, D., Zaki J., & Gross, J. J. (2022). [Amplification in the evaluation of emotional expressions over time](#). *Nature Human Behavior*. 6(10), 1408-1416. [data & code](#), [preprint](#)
8. Tan, A. J., Mancini, V., Gross, J. J., **Goldenberg, A.**, Badcock, J. C., Lim, M. H., Becerra, R., Jackson, B., Preece, D. A., (2022). [Loneliness versus distress: A comparison of emotion regulation profiles](#). *Behavior Change*, 39(3), 180-190.
9. *Lin, G.-X., **Goldenberg, A.**, Arikan, G., Brytek-Matera, A., Czepczor-Bernat, K., Manrique-Millones, D., Mikolajczak, M., Overbye, H., Roskam, I., Szczygieł, D., Ustundag-Budak, A. M., & Gross, J. J. (2022). [Reappraisal, Social Support, and Parental Burnout](#). *British Journal of Clinical Psychology*. 61(4), 1089-1102. <https://doi.org/10.1111/bjc.12380>
10. Kaveladze, B. T., Morris, R. R., Dimitrova-Gammeltoft, R. V., **Goldenberg, A.**, Gross, J. J., Antin, J., Sandgren, M., & Thomas-Hunt, M. C. (2022). [Social interactivity in live video experiences reduces loneliness](#). *Frontiers in Digital Health*. 4.
11. Morrison, A. S., Uusberg, A., Ryan, J., **Goldenberg A.**, Etkin, A., Gross, J. J. (2022). [Assessing and improving public mental health literacy concerning rTMS](#). *BMC Psychiatry*. 22, 249.
12. Schöne, J., Parkinson, B., **Goldenberg, A.** (2021). [Negativity spreads more than positivity on Twitter after both positive and negative political situations](#). *Affective Science*, 2, 379-390. [data &](#)

[code](#), [preprint](#)

13. Wang, K., **Goldenberg, A.**, Dorison, C., Miller, J. K., Lerner, J. S., & Gross, J. & Psychological Science Accelerator. (2021). [A global test of brief reappraisal interventions on emotions during the COVID-19 pandemic](#). *Nature Human Behavior*, 5, 1089-1110. [data & code](#), [preprint](#)
 14. Bellovary, A., Young, N. A., & **Goldenberg, A.** (2021). [Left- and Right-Leaning News Organizations' Use Negative Emotional Content and Elicit User Engagement Similarly](#). *Affective Science*, 2, 391-396. [data & code](#), [preprint](#)
 15. Preece, D., **Goldenberg, A.**, Becerra, R., Boyes, M., Hasking, P., & Gross, J. J. (2021). [Loneliness and Emotion Regulation](#). *Personality and Individual Differences*. 180.
 16. Zmigrod, L., **Goldenberg, A.** (2021). [Cognition and emotion in extreme political action](#). *Current Directions in Psychological Science*, 30(3), 218-227. [preprint](#)
 17. ***Goldenberg, A.**, Weisz, E., Sweeny, T., Cikara, M., & Gross, J. (2021). [The crowd emotion amplification effect](#). *Psychological Science*, 32(2), 437-450. [data & code](#), [preprint](#)
 18. Cohen-Chen, S., Pliskin, R., & **Goldenberg, A.**, (2020). [Feel good or do good? A valence / function framework for understanding emotions](#). *Current Directions in Psychological Science*. 29(4). 388-393
 19. Enav, Y., Erhard-Weiss, D., **Goldenberg, A.**, Knudston, M., Hardan, A.Y., & Gross, J.J. (2020). [Contextual determinants of parental reflective functioning: Children with autism versus their typically developing siblings](#). *Autism*, 24(6), 1578-1588.
 20. Hasan-Aslih, S., Shuman, E., **Goldenberg, A.**, Pliskin, R., van Zomeren, M., & Halperin, E. (2020). [The quest for hope: Disadvantaged group members can fulfil their desire to feel hope, but only when they believe in their power](#). *Social Psychological and Personality Science*, 11(7), 879-888. [data & code](#). [preprint](#)
- *Won the Student Publication Award of the Society for Personality and Social Psychology, 2021
21. **Goldenberg, A.**, Gross, J.J. (2020). [Digital emotion contagion](#). *Trends in Cognitive Science*. 24(4), 316-328. [preprint](#)
 22. **Goldenberg, A.**, Garcia, D., Halperin, E., & Gross, J.J. (2020). [Collective emotions](#). *Current Directions in Psychological Science*. 29(2), 154-160. [preprint](#)
 23. **Goldenberg, A.**, Garcia, D., Halperin, E., Jaki, J., Kong, D., Golarai, G., & Gross, J.J. (2020). [Beyond emotional similarity: The role of situation-specific motives](#). *Journal of Experimental Psychology: General*, 149(1), 138–159. [data & code](#). [preprint](#)
 24. **Goldenberg, A.**, Sweeny, T., Spiegel, E., & Gross, J.J. (2019). [Is this my group or not? The role of ensemble coding of emotional expressions in group categorization](#). *Journal of Experimental Psychology: General*. 143(3), 445-460. [data & code](#). [preprint](#)
 25. Milyavsky, M., Webber, D., Fernandez, J. R., Kruglanski, A., **Goldenberg, A.**, Suri, G., & Gross, J. J. (2019). [To reappraise or not to reappraise? Emotion regulation choice and cognitive energetics](#). *Emotion*, 19(6), 964-981. [data & code](#)
 26. **Goldenberg, A.**, Cohen-Chen, S., Goyer, J. P., Dweck, C. S., Gross, J. J., & Halperin, E. (2018). [Testing the impact and durability of group malleability intervention in the context of the](#)

- [Israeli-Palestinian conflict](#). *Proceedings of the National Academy of Sciences*, 115(4), 696–701.
27. Formanowicz, M., **Goldenberg, A.**, Saguy, T., Pietraszkiewicz, A., Walker, M. & Gross, J. J. (2018). [Understanding dehumanization: The role of agency and communion](#). *Journal of Experimental Social Psychology*, 77, 102–116. [data & code](#)
28. **Goldenberg, A.**, Endevelt, K., Ran, S., Dweck, C. S., Gross, J. J., & Halperin, E. (2017). [Making intergroup contact more fruitful: Enhancing cooperation between Palestinian and Jewish Israeli adolescents by fostering beliefs about group malleability](#). *Social Psychological and Personality Science*, 8, 3-10*
- **Won the Student Publication Award of the Society for Personality and Social Psychology, 2018*
29. Čehajić-Clancy, S., **Goldenberg, A.**, Gross, J. J., Halperin, E. (2016). [Social-psychological interventions for intergroup reconciliation: An emotion regulation perspective](#). *Psychological Inquiry*, 27, 73-88.
30. **Goldenberg, A.**, Halperin, E., Van-Zomeran, M., & Gross, J. J. (2016). [The process model of group-based emotion: Integrating intergroup emotion and emotion regulation perspectives](#). *Personality and Social Psychology Review*, 20, 118-141.
31. Halevy, N., Kreps, T., Weisel, O., & **Goldenberg, A.** (2015). [Morality in intergroup conflict](#). *Current Opinion in Psychology*, 6, 10-14.
32. Saguy, T., Szekeres, H., Nouri, R., **Goldenberg, A.**, Doron, G., Dovidio, J. F., & Halperin, E. (2015). [Awareness of intergroup help can re-humanize the outgroup](#). *Social Psychology and Personality Science*, 6, 551-558.
33. **Goldenberg, A.**, Saguy, T., & Halperin, E. (2014). [How group-based emotions are shaped by collective emotions: Evidence for emotional burden and emotional transfer](#). *Journal of Personality and Social Psychology*, 107, 581-596*
- **Won the Goldsmith Writing Prize in Conflict Resolution, Stanford Center for International Conflict and Negotiation, 2014*
34. Halperin, E., Cohen-Chen, S., & **Goldenberg, A.** (2014). [Indirect emotion regulation in intractable conflicts: A new approach to conflict resolution](#). *European Review of Social Psychology*, 25, 1-30.

Books & Book Chapters

35. **Goldenberg, A.**, Gross, J. J. & Halperin, E. (2020). The group Malleability Intervention: Addressing Intergroup Conflicts by Changing Perceptions of Outgroup Malleability. In G. M. Walton & A. J. Crum (Eds.). *Handbook of wise interventions: How Social Psychology can Help People Change*. New York, NY: Guilford Press.
36. Wolf, S. A., Campo, M., & **Goldenberg, A.** (2020). Emotions and emotion regulation. In A. S. Haslam, K. Fransen, & F. Boen (Eds.). *The new psychology of sport & exercise: The social identity approach*. London, UK: Sage.
37. Pliskin, R., **Goldenberg, A.**, Ambar, E., & Bar-Tal, D. (2017). Speaking out and breaking the silence. In D. Bar-Tal (Ed.) *Self-censorship in context: Theory and research on a barrier to peace*. New York, NY: Springer Press.

38. **Goldenberg, A.** (2015). *A city forsaken*. Jerusalem, Israel: Keter Publishing House
39. **Goldenberg, A., & Szajnberg, N.** (2013). A soldier's loneliness. In A.K. Richards, L. Spira, & A. Lynch (Eds.) *Encounters with loneliness: Only the lonely*. (pp. 256-280). New York, NY: International Psychoanalytic Books.

Selected News Coverage

[To overcome resistance to DEI initiatives, understand what's driving it](#) (March, 2023). Harvard Business Review

[Managing your team's emotional dynamic](#) (January 10, 2023). Harvard Business Review.

[Social media helps the environmental movement to mobilize – but digital firms are walking a fine line now](#) (April 8, 2022). The Economic Times.

[How dealing with your negative emotions can impact loneliness](#) (February 2, 2022). NPR Wisconsin.

[On Twitter, bad news spread faster than good](#) (July 16, 2021). CBS news.

[Hate Spreads Faster on Twitter: Evidence from 44 News Outlets](#) (July 13, 2021). HBS Working Knowledge

[The crowd emotion amplification effect](#) (March 12, 2021). APS news.

[What promotes capitol rioters to violence?](#) (January 28, 2021). The Harvard Gazette.

[Don't focus on the most expressive face in the audience](#) (December 1, 2020). Harvard Business Review.

[Are you as in control of your emotions as you think](#) (March 17, 2020). *Psychology Today*.

[Harnessing the power of your emotions to improve your work day instead of hampering it](#) (July, 24, 2019). *The Globe and Mail*.

Protect yourself from emotional contagion (July 21, 2019). *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/articles/201906/protect-yourself-emotional-contagion>

[The Case for Less Solidarity: The Surprising Effects of Reducing Empathy for Your Own Ingroup](#) (June 1, 2017). *Nautilus*.

[Building Israeli-Palestinian Trust a Marshmallow at a Time](#) (November 18, 2016). *The Jewish News*.

[Can We Control the Influence of Others' Emotions](#) (April 13, 2016). *Character & Context*.

[Why It Takes Guts to Go Against the Crowd](#) (March 18, 2015). *Futurity*.

Conference Presentations, Chaired Symposia and Invited Talks

Goldenberg, A. (November, 2022, invited). *Homophily and acrophily as drivers of political segregation*. Harvard social psychology seminar.

Goldenberg, A. (October, 2022, invited). *Homophily and acrophily as drivers of political segregation*. NYU social seminar. New York, NY

Goldenberg, A. (August, 2022, invited). *What makes groups emotional* Augmented Intelligence Workshop. Online.

Goldenberg, A. (May, 2022, invited). *Homophily and Acrophily as Drivers of Segregation*. Organizational Behavior Seminar at Stanford GSB. Stanford, CA

- Goldenberg, A. (February, 2022, invited). *What makes groups emotional?* Social Talk Series at University of Virginia. Charlottesville, VA
- Goldenberg, A. (February, 2022). *Political Homophily and Acrophily*. The annual meeting of the Society for Personality and Social Psychology. Online
- Goldenberg, A. (February, 2022, chaired). Preconference organizer: *The Psychology of Collectives*. The annual meeting of the Society for Personality and Social Psychology. Online
- Goldenberg, A. (Feb, 2022 invited). *What makes groups emotional?* CBB talk series at Harvard University. Cambridge, MA
- Goldenberg, A. (May, 2021). *Amplification in the Evaluation of Emotional Expressions Over Time*. The annual meeting of the Association for Psychological Science. Online.
- Goldenberg, A., & Gross, J.J. (April, 2021). *Political Homophily and Acrophily*. The annual meeting of the Society for Affective Science.
- Goldenberg, A., & Gross, J.J. (February, 2021). *Tie Selection Strategies*. The annual meeting of the Society for Personality and Social Psychology.
- Goldenberg, A. (May, 2020, invited). *Collective Emotions*. Emotions and Strategy: A Multi-Disciplinary Conversation at MIT. Cambridge, MA
- Goldenberg, A., Sweeny, D. T., & Gross, J.J. (February, 2020). *Is this my group or not? The role of ensemble coding of emotional expressions in group categorization*. The annual meeting of the Society for Personality and Social Psychology. New-Orleans, LA.
- Goldenberg, A. (December, 2019, invited). *Emotion dynamics in groups*. Colloquium at Hebrew University Psych Department. Jerusalem, Israel
- Goldenberg, A., Sweeny, D. T., & Gross, J.J. (February, 2019). *Beyond emotional similarity*. The annual meeting of the Society for Personality and Social Psychology (Chaired). Portland, OR.
- Goldenberg, A., Halperin, E., & Gross, J.J. (July, 2018). *Emotions as Triggers of Social Network Selection*. The annual meeting of Bay-Area Affective Science (BAAS). Stanford, CA.
- Goldenberg, A., Garcia, D., Halperin, E. (March, 2018). *How Twitter Replies Help to Fuel Social Movements*. The annual meeting of the Society for Personality and Social Psychology (Chaired). Atlanta, GA (Chaired).
- Goldenberg, A. Dweck, C. S., Gross, J. J., Halperin, E. (October, 2017). *Overcoming Despair in Intractable Conflicts by Changing Perceptions of Group Malleability*. The annual meeting for the Society of Experimental Psychology. Boston, MS.
- Goldenberg, A., Kong, D., Zaki, J., Golarai, G., Halperin, E., & Gross, J. J. (July, 2017). *Motivated processes of emotional transfer within groups*. The 18th general meeting of the European Association of Social Psychology (Chaired). Granada, Spain.
- Goldenberg, A. (May, 2017). *Emotions in Twitter replies as a vehicle for social movements*. Mini-Conference: from micro-level cognitive phenomena to large scale social dynamics. Princeton, NJ
- Goldenberg, A., Garcia, D., Halperin, E., & Gross, J. J. (April, 2017). *Emotions in Twitter replies as a vehicle for social movements*. The annual meeting of the Society for Affective Science. Boston, CA.
- Goldenberg, A., Halperin, E., & Gross, J. J. (Jan, 2017). *Collective emotion: The psychology of emotion at the group level*. The annual meeting of the Society for Personality and Social Psychology. San Antonio, TX.
- Goldenberg, A., & Gross, J. J. (Feb, 2016). *Motivated emotion contagion*. The annual meeting of the Society for Personality and Social Psychology (Chaired). San-Diego, CA.

Goldenberg, A. (Jan, 2015, invited). *How do groups change?* Social psychology colloquium at the Interdisciplinary Center in Herzliya. Herzliya, Israel

Goldenberg, A. Saguy, T., Halperin, E. & Gross, J. J. (July, 2014). *Emotional conformity and non-conformity*. The 17th general meeting of the European Association of Social Psychology. Amsterdam, The Netherlands.

Goldenberg, A., Saguy, T. & Halperin, E. (July, 2013). *How group-based emotions are shaped by collective emotions: Evidence for emotional burden and emotional transfer*. Annual scientific meeting of the International Society of Political Psychology. Herzliya, Israel.

Goldenberg, A., Saguy, T. & Halperin, E. (May, 2013). *How group-based emotions are shaped by collective emotions: Evidence for emotional burden and emotional transfer*. Medium-sized meeting of the European Association for Social Psychology. Soesterberg, The Netherlands (invited).

Teaching Experience

Negotiation (Harvard Business School), Teacher: 2020-2022

Introduction to the Psychology of Emotions (Stanford), Teacher: 2018

Introduction to Affective Science: Graduate Course (Stanford), Teaching Assistant: 2018

Introduction to Social Psychology: Graduate Course (Stanford), Teaching Assistant: 2018

Psychology One (Stanford), Teaching Fellow: 2015 - 2016

Emotion and Emotion Regulation (Stanford), Teaching Assistant: 2016 - 2017

Conflict and Negotiation (Stanford Graduate Business School), Teaching Assistant: 2016

Introduction to Statistics (Interdisciplinary Center in Herzliya), Teaching Assistant: 2013